



Jeffrey F. Caren, MD, FACC
Mark K. Urman, MD, FACC, FASE

Diplomates American Board of Internal Medicine & Cardiovascular Diseases
A medical practice dedicated to the prevention, diagnosis, and treatment of heart disease.

MEDICAL
GROUP

Cedars-Sinai Medical Office Towers
8635 West Third Street, Suite 890W
Los Angeles, California 90048

310.659.0715

In the News

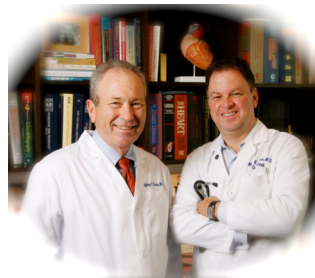
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Dr. Mark Urman and Dr. Jeffrey Caren have both been recognized by their peers and selected to *U.S. News Top Doctors* and *Castle Connolly's Top Doctors*TM. U.S. News Top Doctors identifies the nation's best doctors based on a peer nomination process. It was developed in collaboration with Castle Connolly Medical Ltd., publisher of *America's Top Doctors*[®], and was built upon data from *Castle Connolly's Top Doctors*TM. (February 2012)



[Click here](#) for more information on the selection process.



Dr. Jeffrey Caren and Dr. Mark Urman have both been named by their peers to the *Super Doctors*[®] list. Dr. Caren and Dr. Urman were nominated by their peers as outstanding practicing doctors in Southern California.

After an extensive nomination and research process conducted by Key Professional Media, Inc., the results were published in *Southern California Super Doctors*[®], a special advertising section in the January 2012 issue of *Los Angeles Magazine*. **This is the fourth consecutive year that Dr. Mark Urman has been recognized as one of the top cardiologists in Southern California.** (December 2011)

Super Doctors

[Click here](#) for more information on the selection process.



Dr. Mark Urman is a featured guest on the Dr. Drew show on CNN's HLN. (October, 2011)



Jeffrey Caren, MD, was re-elected by his colleagues for a second term as Vice Clinical Chief of the Department of Medicine at Cedars-Sinai Medical Center and as a representative to the Medical Executive Committee. (September 2011)



Forbes

Dr. Caren is referred to in Forbes Magazine article about end-of-life care as a cardiologist who is "extraordinarily skilled and incredibly generous" (July 13, 2011)

More news on the next page >>>



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Dr. Mark Urman promoted to Clinical Professor of Medicine (Cardiology) by the David Geffen School of Medicine at UCLA (June 2011)



Dr. Caren and Urman's Echocardiography Laboratory Reaccredited through 2014. COR Medical Group's echo lab was one of the first accredited in the US (2008) and has been recognized once again for demonstrating the pursuit of excellence in the field of cardiac ultrasound and its commitment to high quality patient care. (May 12, 2011)



Jeffrey Caren, MD, has come up with an artistic way to deal with all those drug samples after they expire. (April 2011) The colorful tower is on display in the waiting room of his office.

Dr. Mark Urman quoted in Los Angeles Times about heart health effects of coffee. Coffee likely isn't harmful, might be beneficial but isn't as important as an overall heart-healthy diet and regular physical activity. (April 10, 2011)

Los Angeles Times



CORMedicalGroup.com website earns distinction of certification from Health on the Net Foundation (HONcode standard) for trustworthy health information (February 2011)

Dr. Urman invited to serve 3-year term on Prevention of Cardiovascular Disease Committee of the American College of Cardiology (ACC) (February 2011)



Cedars-Sinai Heart Institute cardiologist, Dr. Mark Urman receives a formal city proclamation on behalf of AHA from Beverly Hills Mayor for National Wear Red Day (February 3, 2011)



Dr. Urman named Top Doc LA, 2011: (January 2011) Dr. Urman selected to the "Top Doctors and Dentists, The Best in LA Medicine" list which Top Doc Los Angeles has determined to be in the top 10 percent of the region's Doctors and Dentists. Featured during the Dr. Oz show on FOX.

Dr. Urman honored for third consecutive time as one of the best cardiologists in Southern California: (December 2010) Dr. Urman is listed again in the "Super Doctors" section of *Los Angeles Magazine* (January 2011 issue).

Super Doctors

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Dr. Mark Urman quoted in Los Angeles Times about simple steps to reduce risk of heart disease (November 15, 2010)

Los Angeles Times



Dr. Urman walks and raises money for cardiac research to help patients
(October 2010 – [September 2009 as well])

Dr. Mark Urman interviewed on CBS 2 News regarding newest CPR guidelines from the American Heart Association (October 2010)



Dr. Urman interviewed on CBS Radio's "Open-Line" with Scott Mason regarding heart disease and its prevention (September 2010)

The Doctors television show features Dr. Mark Urman regarding skin abnormalities seen in patients with very high cholesterol levels (see link at bottom of [Home page](#) – July 2010)



Dr. Mark Urman in Los Angeles Times regarding Unhealthy Sweets: (June 13, 2010). While too much sugar and refined carbohydrates “has been linked to increased levels of bad ... cholesterol [specifically LDL and triglycerides] and a higher risk of diabetes and heart disease,” Dr. Mark Urman, medical director of the Heart Center at the Cedars-Sinai Heart Institute says that “sugar-free foods have a potentially more serious downside.” According to the American Heart Association (AHA), “studies show that people who consume large amounts of sugar tend to eat diets low in calcium, fiber, and certain vitamins and minerals.”

“Sweet snacks usually are loaded with refined carbohydrates that remain even if the sugar has been removed ... Switching to sugar-free versions of foods does little to remedy such poor dietary choices, says Urman, who is also a board member of the Los Angeles Division of the AHA.”

Los Angeles Times

For full LA Times article, [click here](#).

Dr. Mark Urman addresses the Los Angeles City Council and receives a formal City Proclamation on behalf of the AHA recognizing CPR and AED Awareness Week (June 2010).



Dr. Mark Urman is honored with election as an Overseas Fellow of the Royal Society of Medicine (June 2010)

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Dr. Mark Urman elected a Fellow of the American Heart Association.

Dr. Urman, a Board-Certified Cardiologist, received this prestigious designation recognizing excellence, innovation, and leadership in clinical cardiology. This honor adds the esteemed F.A.H.A. to his professional title. Dr. Urman had received the honor of Fellow of the American College of Cardiology (F.A.C.C) over a decade ago and is one of a few select cardiologists in the US achieving the Fellow designation of the country's top two professional organizations in cardiovascular disease. (April 2010)



Dr. Urman elected by peers as District Councilor for California Chapter of the American College of Cardiology (ACC) (April 2010)

Dr. Urman certified as a Heart Attack Prevention Specialist (April 2010). Dr. Urman was certified as a SHAPE provider by the Society for Heart Attack Prevention and Eradication, an education-based organization that is dedicated to ending the threat of heart attack.



Dr. Jeffrey Caren is appointed Vice Clinical Chief of the Department of Medicine at Cedars-Sinai Medical Center (January 2010)

Dr. Urman selected a Top Cardiologist in Los Angeles by the International Association of Cardiologists earning him a listing in *The Leading Physicians of The World* publication (December 2009).



Dr. Urman elected to Board of Directors of the Los Angeles Division of the AHA (June 2009)

Dr. Jeffrey Caren featured on front page of New York Times regarding his pharmaceutical pen collection (December 30, 2008)



Dr. Urman honored as top doctor in Los Angeles Magazine (December 2008)

Dr. Caren and Urman's Echocardiography Laboratory one of First 1000 Accredited in US: (November 19, 2008)

The echo lab in the offices of Drs. Caren and Urman, COR Medical Group, Inc. was granted accreditation by the Intersocietal Commission for the Accreditation of Echocardiography Laboratories (ICAEL). Dr. Urman, among the first board-certified echocardiography specialists at Cedars-Sinai Medical Center in 1996, is the medical director of the laboratory – one of the first one thousand echocardiography labs in North America to be so recognized for its commitment to high quality patient care and its provision of quality diagnostic testing. Participation in the accreditation process is voluntary. Accreditation status signifies that the facility has been reviewed by an independent agency which recognizes the lab's (and Drs. Caren and Urman's) commitment to quality testing for the diagnosis of heart disease.

For more information, [click here](#).



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Dr. Jeffrey Caren featured on ABC News regarding his pharmaceutical pen collection (March 29, 2008)

Dr. Jeffrey Caren featured for his renowned photography (November 2007)



Dr. Urman named first Medical Director of Heart Center at Cedars-Sinai Medical Center (July 2007)

Dr. Urman was is named the inaugural Medical Director of the Heart Center of Excellence at Cedars-Sinai Medical Center. For several years in a row, Cedars-Sinai has ranked as one of the country's top hospitals in Heart and Heart Surgery in the annual guide to the "America's Best Hospitals" edition of *U.S. News & World Report*.

Dr. Urman featured on the hit TV show, Doctor 90210 (January 2007)

Click picture to view Dr. Urman's TV clip >>>



Dr. Urman is named a Fellow of the American Society of Echocardiography (FASE). (October 2005)

Dr. Urman was designated a Fellow of the American Society of Echocardiography. The Society is an organization of almost 10,000 professionals committed to excellence in cardiovascular ultrasound and its application to patient care through education, advocacy, research, innovation and service to its members and the public. Dr. Urman was among the first cardiologists in Los Angeles to become board-certified in echocardiography in 1996.

FASE recognizes the dedicated member of the American Society of Echocardiography with a diverse set of skills and comprehensive knowledge of all aspects of echocardiography. The Fellow designation recognizes those members who have fulfilled both the training and performance requirements that are necessary for Certification through the National Board of Echocardiography. Attainment of this important standard of practice and a commitment to the field of echocardiography is the foundation for the Fellow designation and recognizes that Dr. Urman is committed to continued excellence in the field of echocardiography, as it applies to diagnosis and management of cardiovascular conditions.

For more information on Fellows of the American Society of Echocardiography (FASE) [click here](#).



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