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Diplomates American Board of Internal Medicine & Cardiovascular Diseases  
A medical practice dedicated to the prevention, diagnosis, and treatment of heart disease.

MEDICAL  
GROUP

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**Dr. Mark Urman and Dr. Jeffrey Caren both recognized by peer-nominated processes as among the best cardiologists in Los Angeles and Southern California.**



**Dr. Caren and Dr. Urman both selected to *U.S. News Top Doctors*** developed in collaboration with Castle Connolly Medical Ltd., publisher of *America's Top Doctors*®, and was built upon data from America's trusted source for identifying the best in American medicine, the renowned *Castle Connolly's Top Doctors*™. (February 2012)



Castle Connolly's Top Doctors™ selection process begins with surveys of physicians and healthcare professionals. Each year, Castle Connolly surveys thousands of physicians and other healthcare professionals and asks them to identify excellent doctors in every specialty in their region and throughout the nation. When they began the research for the first edition of *America's Top Doctors*®, they surveyed over 230,000 of the nation's leading medical specialists, department chairs, residency program directors, vice presidents of medical affairs and presidents of the nation's leading medical centers and specialty hospitals.

Building on years of prior research, thousands of top doctors included in earlier editions of their guides are invited to offer their nominations for Castle Connolly America's Top Doctors®. Beginning in 2011, and moving forward, the nomination process invited every licensed MD and DO across the country to participate. This involved contacting over 50,000 physicians and healthcare executives, a nationwide distribution of nomination notifications via various media channels and partnering with US News and World Report as a means of expanding the process to physicians across the country.

Doctors cannot and do not pay to be listed in any Castle Connolly guide to top doctors. They are selected based on nominations by their peers and reviewed by Castle Connolly's physician-directed research team. [Click here](#) for more information on the selection process.



Dr. Caren and Dr. Urman selected by their peers as outstanding practicing doctors in Southern California. After an extensive nomination and research process conducted by Key Professional Media, Inc., the results were published in *Southern California Super Doctors*®, a special advertising section in the January 2012 issue of *Los Angeles Magazine*. **This is the fourth consecutive year that Dr. Mark Urman has been recognized as one of the top cardiologists in Southern California by Super Doctors.** (December 2011)



*Super Doctors*® is a respected publication that identifies top doctors through independent research and an objective peer-review selection process. This ensures that only the top physicians are selected to become Super Doctors, doctors who have excelled professionally and are widely recognized as leaders within their fields of practice. Approximately only 5% of the doctors in the Greater Los Angeles area are included in this prestigious list.

Every year, thousands of physicians receive ballots that ask them to nominate colleagues they know to be exceptional in their specified field. Physicians are asked to consider the following question: "If you needed medical care in one of the following specialties, which doctor would you choose?" Numerous safeguards are in place to prevent ballot manipulation and doctors may not self-nominate. [Click here](#) for more information on the selection process.